

Medical Directive Agreement

Title: Administering Aesthetic Injections

Activation Date: _____

Expiry Date: _____

Name of the implementer/injector: _____

Email: _____ **PH:** _____

Dated _____

Signature. _____

Medical Director/Authorizer:

Dated. _____

Signature. _____

Email:

Order/Delegated Procedure:

Administration of Neuromodulator Cosmetics (Botox, Xeomin & Dysport), Hyaluronic Acid Filler Treatments and Botox for Hyperhidrosis. By following the product monogram and procedure requirement as per the CNO standards.

Injector will use her knowledge, skill and judgement before every procedure.

Authorized Implementers:

_____ a Registered Nurse/RPN in the Province of Ontario, who has undergone specific training (practicum & theory) for administration of Neuromodulator Cosmetics (Botox, Xeomin & Dysport), Hyaluronic Acid Filler Treatments and Botox for Hyperhidrosis.

This Medical Directive can be cancelled by above mentioned Injector or The Medical Director by giving a months notice.

If Medical Director finds out that the Injector is not following the policy and procedures this Medical Directive will be terminated by the Medical Director immediately and the injector will be informed about the same VIA email on file.

Consult is only valid if the Medical Director has signed the patients chart.

Medical Directive is only for FDA approved products in Canada.

Recipient Patients:

The clients of _____

who have chosen to undergo a medical aesthetic procedure(s) and meet all the criteria after assessment for chosen procedure for Neuromodulator Cosmetics (Botox, Xeomin & Dysport), Hyaluronic Acid Filler Treatments and Botox for Hyperhidrosis

Indicators:

Any patient between 21 – 65 years old, who desires Neuromodulators or Hyaluronic acid fillers for the cosmetic purpose solely for the benefit of the client.

Consent:

Purpose - A consent is required for any treatment performed on a client. The consent must involve a written document and a verbal dialogue, which allows sufficient time for the client to have concerns and issues addressed. The consent must be informed which includes an explanation of the treatment or procedure to be undertaken, must include a discussion of alternative procedures and a disclosure of the risks and complications that may occur from the treatment or procedure.

What is a Valid Consent- Six criteria for valid consent have been identified by Canadian Courts.

- The consent must be genuine and voluntary
- The procedure must not be an illegal procedure
- The consent must authorize the particular treatment as well as the technician
- The consenter must have the legal capacity to consent
- The consenter must have the necessary mental competency to consent
- The consenter must be informed

Procedure:

Neuromodulator Cosmetics (Botox, Dysport & Xeomin)

Correct treatment site selection, proper material usage and injection technique are equally important for the successful administration of the product. The result and duration of the correction is extremely technique sensitive.

- The initial consultation, review of medical history, and consent is completed
- Remove any make-up from the face with a mild cleanser.
- Define the areas to be treated. Confirm and prioritize the treatment area by having the client pointing out areas of concern with the assistance of a mirror.
- Baseline photos should be taken which requires the client's consent.
- Prepare comfort measures as necessary. If topical anesthesia is to be used, follow the protocol for its application.
- Position the patient for ease of injecting for the indication to be treated.
- Cleanse the skin with an antiseptic solution (chlorhexidine) to decrease the risk of infection from a percutaneous injury.
- Inject the product into the proper plane as indicated for that area of correction. Inject slowly and precisely
- After the treatment gently cleanse the area.
- An ice pack or cold compress may be offered immediately after the treatment. The cold will soothe the area and help constrict the injection sites so that make-up can be applied soon after.
- Record the appropriate information from the treatment session on the client's treatment record. Information recorded should include: type of product used, lot numbers, expiry date, treatment area, dosage and local anesthesia if used.

- Post care instructions reviewed.
- Schedule the client for a 2 week follow up appointment.
- Adverse events would be followed according to the policy and procedure

Hyaluronic Acid Fillers.

Correct treatment site selection, proper material usage and injection technique are equally important for the successful administration of the product. The result and duration of the correction is extremely technique sensitive.

- The initial consultation, review of medical history, and consent is completed
- Remove any make-up from the face with a mild cleanser.
- Define the areas to be treated. You should confirm and prioritize the treatment area by having the patient pointing out areas of concern with the assistance of a mirror.
- Baseline photos to be taken which requires the patient's consent.
- Prepare comfort measures as necessary. If topical anesthesia is to be used, follow the protocol for its application.
- Position the patient for ease of injecting for the indication to be treated.
- Cleanse the skin with an antiseptic solution (chlorhexidine) to decrease the risk of infection from a percutaneous injury.
- Inject into the product into the proper plane as indicated for that area of correction. Inject slowly and precisely.
- The treated area is lightly massaged according to manufacturer's instructions.
- Gently cleanse the treatment area
- An ice pack or cold compress may be offered immediately after the treatment. The cold will soothe the area and help constrict the injection sites
- Record the appropriate information from the treatment session on the client treatment record. Information recorded should include: type of product used, number and size of syringes used, syringe lot numbers, expiry date, treatment area and local anesthesia if used.
- Post care instructions reviewed.
- Schedule the patient for a 2 week follow up appointment.
- Adverse events would be followed according to the clinic policy and procedure

Documentation and Communication:

Injector will document the procedure, results, client's response, subsequent teachings and plan of care in the medical record as per CNO standard.

All client's assessment will be discussed and consulted with the medical director, medical director will authorize for require intervention.

Injector will communicate with the medical director before any procedure.

References/Guidelines/Rules:

CNO practice standards.

<http://www.cno.org/en/learn-about-standards-guidelines/standards-and-guidelines/>

CNO ethics.

http://www.cno.org/globalassets/docs/prac/41034_ethics.pdf

CNO Professional Standards

http://www.cno.org/globalassets/docs/prac/41006_profstds.pdf

Canadian Society of Aesthetic Specialty Nurses – 2015

<https://csasn.org/wp-content/uploads/2018/07/2015-Practice-Guideline-and-Standards.pdf>

RNAO best practice guidelines

<https://rnao.ca/bpg>